

ADVISORY MANUAL 09-10  
REFLECTIONS and NOTES

- **Welcome to the 09-10 Advisory Manual. This year's Manual is being sent to you electronically and can be found on the school's website.**
- **Remember that the most basic goal of advisory is to make sure that every student is known well by at least one adult.**
- **Please read student comments generated from student focus groups held this past June, 2009, located in the Manual beginning on page 3.**
- **Revisit the printed Advisory Manual if you'd like. Also, if you aren't already familiar with The Advisory Guide and The Seven Habits of Highly Effective Teens, you might want to take a look at these two books. They are extremely helpful and are referenced often in our own Manual.**
- **Important ideas/activities for all advisory groups:**
  1. On an index card, have students fill out personal contact information that administrators will use to update SASI.
  2. Set up ground rules and goals for your advisory and make either a unilateral or group decision as to which format your advisory will adhere to.
  3. Discuss The Code of Discipline and other publications outlining people's conduct and adherence to rules for public behavior and safety. Examples of other publications might be a CT Driver's Manual, baseball rules handbook, rules and objective for a board or video game, etc.
  4. Discuss good habits vs. bad habits and success vs. failure. The book, The Seven Habits for Highly

Effective Teens is all about habits and their connection to success and failure.

5. Discuss how thoughts and belief systems can affect success, failure and our health. Think about athletes like Roger Bannister with his four minute mile or get some ideas from The 7 Habits or The Advisory Guide... both excellent resources.

○ **Samples of topics located in your Advisory Manual:**

August 28, 2009: The Power of Habits

September 2, 2009: Discussion of rules

September 11, 2009: Roger Bannister and his four minute mile

September 18, 2009: Irrational and nonsensical things we say to ourselves

September 22, 2009: I can't control what other people do, but I can control what I do

September 30, 2009: Standing together as a diverse community where everyone counts

October 2, 2009: Are you in the driver's seat of your life, or are you a passenger?

October 5, 2009: Stop being reactive and start being proactive.

October 9, 2009: Your level of health and wellness is determined by genetics, lifestyle and your belief system

October 14, 2009: What our loved ones want for us after they are gone

October 19, 2009: What does poverty look like in this country?

October 26, 2009: Making the same mistakes over and over again

October 30, 2009: Is it our job to take care of the earth?

November 4, 2009: Every moment is a learning experience for me, making me a better person than I was yesterday

November 6 and 10, 2009: Visualize your future home, your future car, your future self

November 12, 2009: What's your logo?

November 13, 2009: My goals for next quarter

November 18, 2009: Movie: Homeless to Harvard

November 24: Gratitude

December 1, 2009: Managing your time with your planner

December 4, 2009: Habits of successful people

December 11, 2009: Movie: The Bucket List... What things will you do with your time, if you know that you have been granted only a finite number years and days

December 15, 2009: Abraham Maslow's Hierarchy of Needs

December 17, 2009: Maintaining focus before vacation

December 18, 2009: Collect personal data from students such as phone numbers, new addresses, etc.

December 23, 2009: Discuss why people go on vacations

January 4, 2010: My plans for 3<sup>rd</sup> quarter

January 11, 2010: Who Am I? Abe Lincoln

January 12, 2010: A poem about procrastination

January 14, 2010: Scared, but brave: Nelson Mandela, Elizabeth Cady Stanton, the Parents of the Little Rock Nine

January 26, 2010: Pride isn't always a good thing

January 27, 2010: Devotion: Dick Hoyt and son, Rick

February 3, 2010: What if I am all that I have?

February 25, 2010: Why people don't like win-win solutions

February 26, 2010: Read how a blind boy led a Jewish resistance against the Nazis

March 1, 2010: The real me vs. my excuses

March 8 and 9, 2010: Martin Luther King, Jr. believed it was important to listen to others/ Listening activity

March 10, 2010: What does our offensive language say about us?

March 16, 2010: Harassment and the bystander

March 18, 2010: Harassment, violence and war

March 25, 2010: My first resume

March 26, 2010: What employers want most

March 29, 2010: Bassick High School's Career Academies

April 1, 2010: Things everyone should know how to do

April 6, 2010: There is money for college if you want it

April 8, 2010: Career clusters pathways

April 23, 2010: "There can be no daily democracy without daily citizenship"

April 27, 2010: Movie: Kids With Cameras

May 4, 2010: Chicken Soup for the Soul at Work

May 5, 2010: Teamwork: Lessons from Geese

May 7, 2010: Service to Others

May 10, 2010: Music program in Venezuela

May 11, 2010: Conflict Resolution

May 14, 2010: Public Speaking

May 17, 2010: Coping with Stress

May 18, 2010: Stress: Fight or Flight and keeping ourselves healthy

May 19, 2010: Multiple Intelligences

May 26, 2010: Managing Stress

- **You can choose how to run your advisory in any way that fits your personality and work style. If you are thinking about re-formatting your advisory, consider the following models that have been successful at Bassick:**
  - A) A theme for each day:
    - Monday:** Open Mic/ how was your weekend?
    - Tuesday:** Homework catch up
    - Wednesday:** Advisor's choice
    - Thursday:** Individual advisor/advisee conferences
    - Friday:** Game Day or Mind Stretchers such as riddles and puzzles  
**(Advisor or advisory decides for themselves which themes make sense for the group)**
  - B) Follow the Advisory Manual day by day
  - C) Individual format:
    - Homework help
    - Tutoring
    - Personal talk time
  - D) Daily Open discussion
    - This format is meant for groups of students where there is a group chemistry that allows for conversation and divergent points of view.
    - Also, important to recognize the advisor's preference, style, and training.
  - E) (Will be implemented this year) Senior Advisories
    - College Summit will provide an internet based schedule of activities that correlate with the national college application process.

(If you have experience with another format, please share with us!)

A. Themes

Monday	Tuesday	Wednesday	Thursday	Friday
Open Mic	Homework help	Advisor's choice	Individual conferences	Games/Mind Stretchers

B. Follow Advisory Manual

Monday	Tuesday	Wednesday	Thursday	Friday
		August 26: No advisory	August 27: Ground Rules	August 28: Student Profile

C. Individual: Advisor-Advisee

Monday	Tuesday	Wednesday	Thursday	Friday
Offer appropriate computer use	Offer individual conversation with advisor	Suggest researching a topic of interest	Suggest reading material	Offer homework help

D. Daily Open Discussion

Monday	Tuesday	Wednesday	Thursday	Friday
Assess group for topics of interest	Ground rules for open discussion	Begin conversation (think about your tolerance for students talking at once)	Ask the group how they want to deal with hurt feelings/self esteem issues	Suggest ways for group to help fellow students

E. Senior Advisories: Creating a College-going culture

Monday	Tuesday	Wednesday	Thursday	Friday
			College Summit: Introduce your peer leader	College Summit: Overview of the college application process
Discuss college applic schedule including taking the SAT, college essay, financial aid, etc.	CS Nav	CS Nav	CS Nav	Games/Open discussion, etc.